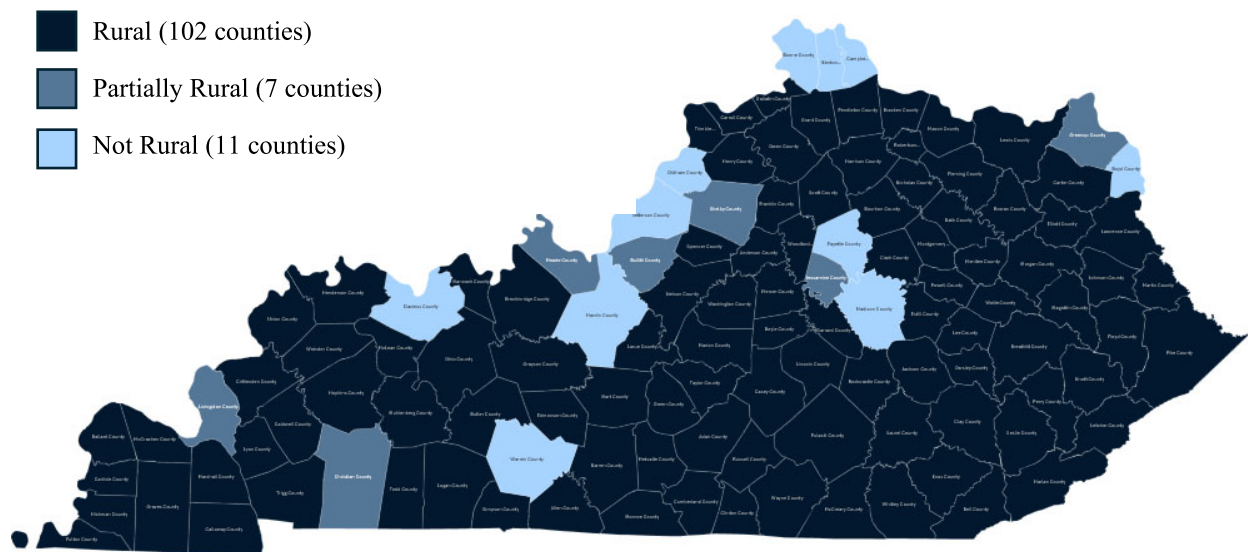


## OTHER SUPPORTING DOCUMENTATION

### Appendix A. Kentucky Rural Population (2023)<sup>a</sup>



### Appendix B. Kentucky Counties and Federal Information Processing Series (FIPS) Codes<sup>b</sup>

#	County Name	Rural Status <sup>c</sup>	County FIPS	County Population <sup>d</sup>
1	Adair County	Rural	001	19,239
2	Allen County	Rural	003	22,037
3	Anderson County	Rural	005	24,883
4	Ballard County	Rural	007	7,626
5	Barren County	Rural	009	45,609
6	Bath County	Rural	011	12,951
7	Bell County	Rural	013	23,051
8	Bourbon County	Rural	017	20,333
9	Boyle County	Rural	021	31,394
10	Bracken County	Rural	023	8,497
11	Breathitt County	Rural	025	12,804
12	Breckinridge County	Rural	027	21,221
13	Butler County	Rural	031	12,551
14	Caldwell County	Rural	033	12,611
15	Calloway County	Rural	035	38,975

<sup>a</sup> [Rural Health Information Hub - Kentucky Nonmetro Population](#)

<sup>b</sup> [HRSA County and Census Tract Excel File](#)

<sup>c</sup> Partially Rural: Some parts of this county are eligible for Rural Health grants per the [Rural Health Grants Eligibility Analyzer](#)

<sup>d</sup> [United States Census Bureau - Kentucky County Population Total 2024 Estimates](#)

#	County Name	Rural Status <sup>c</sup>	County FIPS	County Population <sup>d</sup>
16	Carlisle County	Rural	039	4,777
17	Carroll County	Rural	041	11,111
18	Carter County	Rural	043	26,098
19	Casey County	Rural	045	15,948
20	Clark County	Rural	049	37,673
21	Clay County	Rural	051	19,592
22	Clinton County	Rural	053	9,183
23	Crittenden County	Rural	055	8,982
24	Cumberland County	Rural	057	6,047
25	Edmonson County	Rural	061	12,635
26	Elliott County	Rural	063	7,263
27	Estill County	Rural	065	14,002
28	Fleming County	Rural	069	15,591
29	Floyd County	Rural	071	34,532
30	Franklin County	Rural	073	52,442
31	Fulton County	Rural	075	6,282
32	Gallatin County	Rural	077	8,805
33	Garrard County	Rural	079	18,040
34	Grant County	Rural	081	25,722
35	Graves County	Rural	083	36,821
36	Grayson County	Rural	085	27,070
37	Green County	Rural	087	11,552
38	Hancock County	Rural	091	9,013
39	Harlan County	Rural	095	25,052
40	Harrison County	Rural	097	19,525
41	Hart County	Rural	099	19,923
42	Henderson County	Rural	101	44,175
43	Henry County	Rural	103	16,198
44	Hickman County	Rural	105	4,393
45	Hopkins County	Rural	107	45,218
46	Jackson County	Rural	109	13,358
47	Johnson County	Rural	115	22,098
48	Knott County	Rural	119	13,438
49	Knox County	Rural	121	29,657
50	Larue County	Rural	123	15,128
51	Laurel County	Rural	125	63,353
52	Lawrence County	Rural	127	15,798
53	Lee County	Rural	129	7,313
54	Leslie County	Rural	131	9,729
55	Letcher County	Rural	133	20,139
56	Lewis County	Rural	135	12,875
57	Lincoln County	Rural	137	24,910

#	County Name	Rural Status <sup>c</sup>	County FIPS	County Population <sup>d</sup>
58	Logan County	Rural	141	28,467
59	Lyon County	Rural	143	9,078
60	Madison County	Rural	151	99,582
61	Magoffin County	Rural	153	11,118
62	Marion County	Rural	155	19,851
63	Marshall County	Rural	157	31,734
64	Martin County	Rural	159	10,696
65	Mason County	Rural	161	16,956
66	McCreary County	Rural	147	16,824
67	McLean County	Rural	149	9,126
68	Menifee County	Rural	165	6,341
69	Mercer County	Rural	167	23,515
70	Metcalfe County	Rural	169	10,558
71	Monroe County	Rural	171	11,163
72	Montgomery County	Rural	173	28,771
73	Morgan County	Rural	175	14,300
74	Muhlenberg County	Rural	177	30,512
75	Nelson County	Rural	179	48,706
76	Nicholas County	Rural	181	7,816
77	Ohio County	Rural	183	23,933
78	Owen County	Rural	187	11,435
79	Owsley County	Rural	189	3,928
80	Pendleton County	Rural	191	14,844
81	Perry County	Rural	193	26,739
82	Pike County	Rural	195	55,430
83	Powell County	Rural	197	12,928
84	Pulaski County	Rural	199	66,842
85	Robertson County	Rural	201	2,382
86	Rockcastle County	Rural	203	16,226
87	Rowan County	Rural	205	24,675
88	Russell County	Rural	207	18,458
89	Scott County	Rural	209	61,700
90	Simpson County	Rural	213	20,350
91	Spencer County	Rural	215	20,823
92	Taylor County	Rural	217	26,809
93	Todd County	Rural	219	12,757
94	Trigg County	Rural	221	14,559
95	Trimble County	Rural	223	8,591
96	Union County	Rural	225	13,178
97	Washington County	Rural	229	12,269
98	Wayne County	Rural	231	19,629
99	Webster County	Rural	233	12,854

#	County Name	Rural Status <sup>c</sup>	County FIPS	County Population <sup>d</sup>
100	Whitley County	Rural	235	37,233
101	Wolfe County	Rural	237	6,364
102	Woodford County	Rural	239	27,728
103	Bullitt County	Partially rural	029	85,802
104	Christian County	Partially rural	047	71,006
105	Greenup County	Partially rural	089	35,273
106	Jessamine County	Partially rural	113	56,495
107	Livingston County	Partially rural	139	8,815
108	Meade County	Partially rural	163	30,442
109	Shelby County	Partially rural	211	50,124
110	Boone County	Not rural	015	144,135
111	Boyd County	Not rural	019	47,777
112	Campbell County	Not rural	037	94,008
113	Daviess County	Not rural	059	104,457
114	Fayette County	Not rural	067	329,437
115	Hardin County	Not rural	093	112,826
116	Jefferson County	Not rural	111	793,881
117	Kenton County	Not rural	117	174,862
118	McCracken County	Not rural	145	67,550
119	Oldham County	Not rural	185	70,525
120	Warren County	Not rural	227	147,936

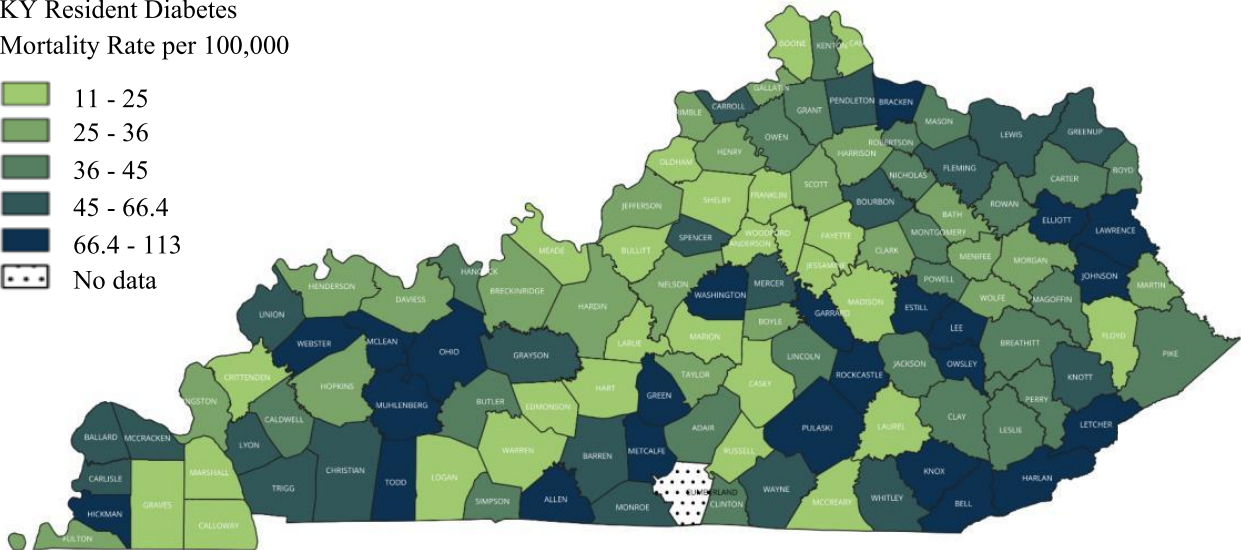
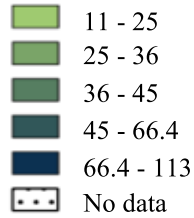
**Appendix C. Chronic Condition Rates of Kentucky Medicaid Members Currently Residing in Rural Areas (as of August 2025) by year (2023-2024)**

Initial Focus Areas	Chronic Condition	Age Group	Calendar Year	Afflicted Total Member Count	Total Initial MCD Member Count	% of Initial MCD population
	Obesity	Aged 0-18	2023	9,460	337,827	2.80%
			2024	10,618	337,827	3.14%
		Aged 19-64	2023	99,432	417,734	23.80%
			2024	106,145	417,734	25.41%
	Diabetes	Aged 0-18	2023	1,429	337,827	0.42%
			2024	1,752	337,827	0.52%
		Aged 19-64	2023	52,207	417,734	12.50%
			2024	58,937	417,734	14.11%
	Depression & Anxiety	Aged 0-18	2023	43,785	337,827	12.96%
			2024	53,307	337,827	15.78%
		Aged 19-64	2023	157,724	417,734	37.76%
			2024	167,694	417,734	40.14%
SUD	SUD	Aged 0-18	2023	2,478	337,827	0.73%
			2024	3,320	337,827	0.98%
		Aged 19-64	2023	67,929	417,734	16.26%
			2024	72,497	417,734	17.35%
	Hypertension	Aged 0-18	2023	1,824	337,827	0.54%
			2024	2,546	337,827	0.75%
		Aged 19-64	2023	115,769	417,734	27.71%
			2024	125,709	417,734	30.09%
COPD	COPD	Aged 0-18	2023	5,539	337,827	1.64%
			2024	6,239	337,827	1.85%
		Aged 19-64	2023	42,651	417,734	10.21%
			2024	46,253	417,734	11.07%

## Appendix D. Kentucky Resident Diabetes Mortality Rate (2023)<sup>e</sup>

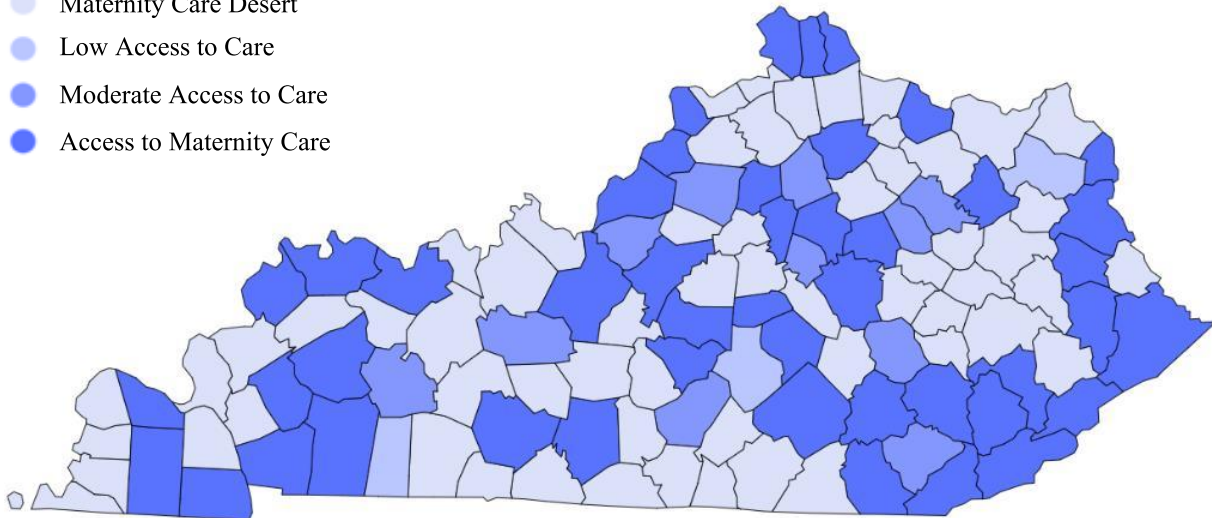
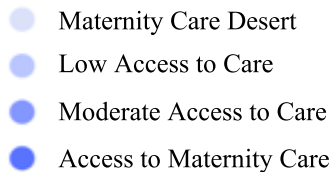
KY Resident Diabetes

Mortality Rate per 100,000



## Appendix E. Kentucky Maternity Health Deserts (2024)<sup>f</sup>

Maternity Care Access Designations



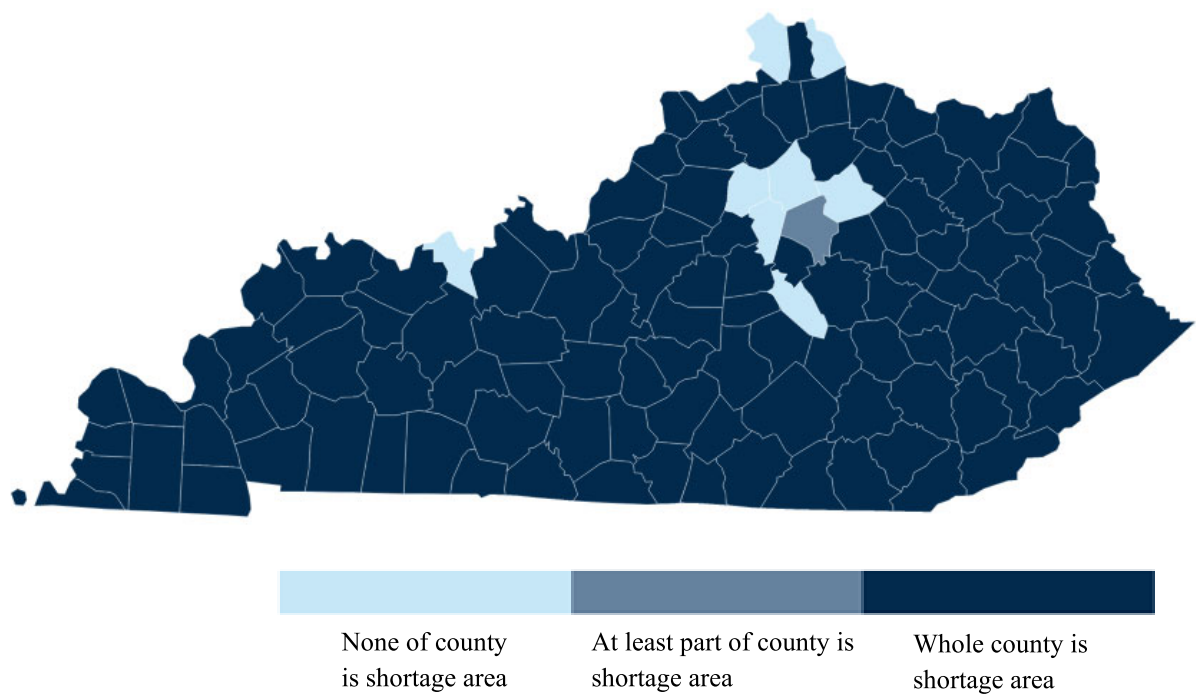
<sup>e</sup> [Kentucky Cabinet for Health and Family Services \(CHFS\). "2025 Diabetes Report."](#)

<sup>f</sup> [March of Dimes – Kentucky Maternity Health Deserts \(2024\)](#)



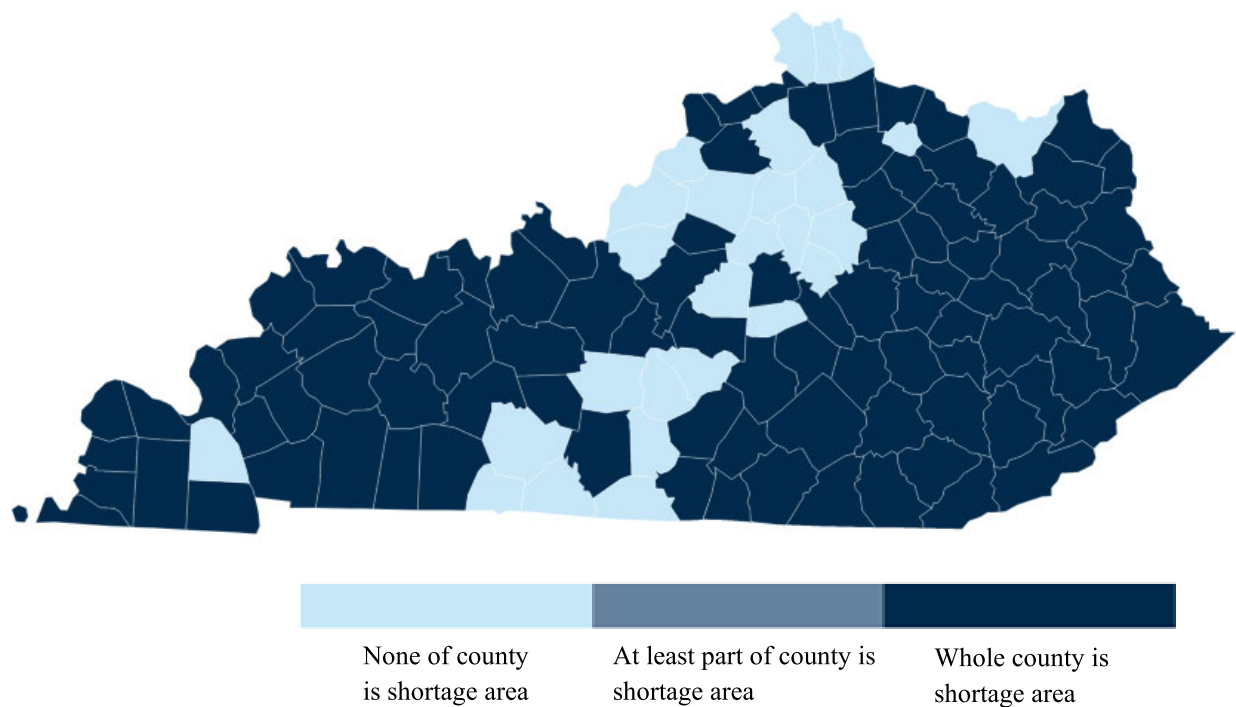
**Appendix F. Kentucky Mental Health Professional Shortage Areas (2025)<sup>g</sup>**

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**Appendix G. Kentucky Dental Health Professional Shortage Areas (2025)<sup>h</sup>**

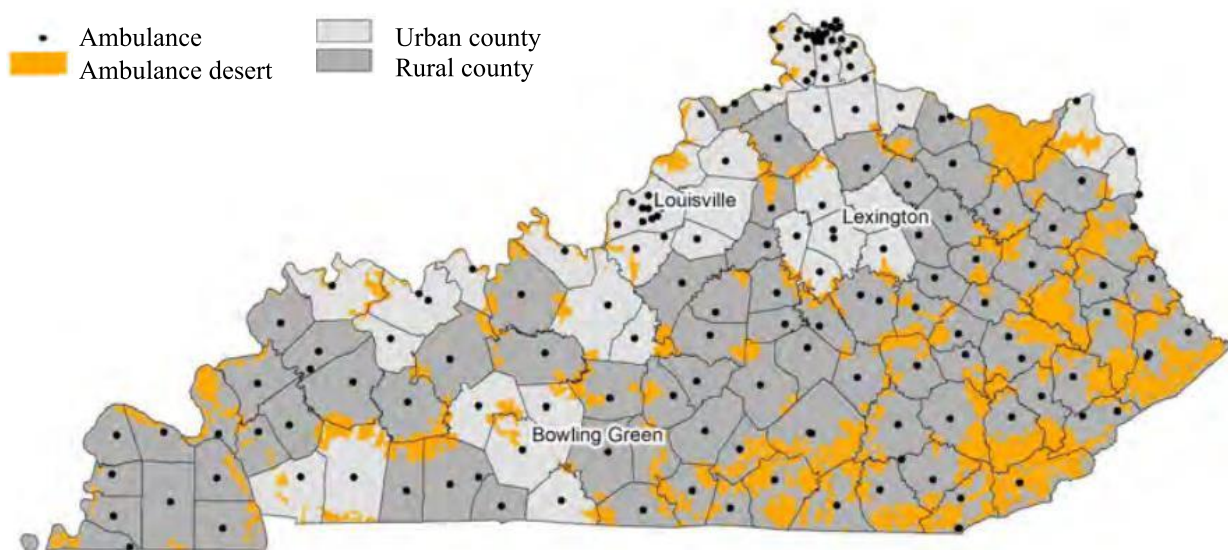
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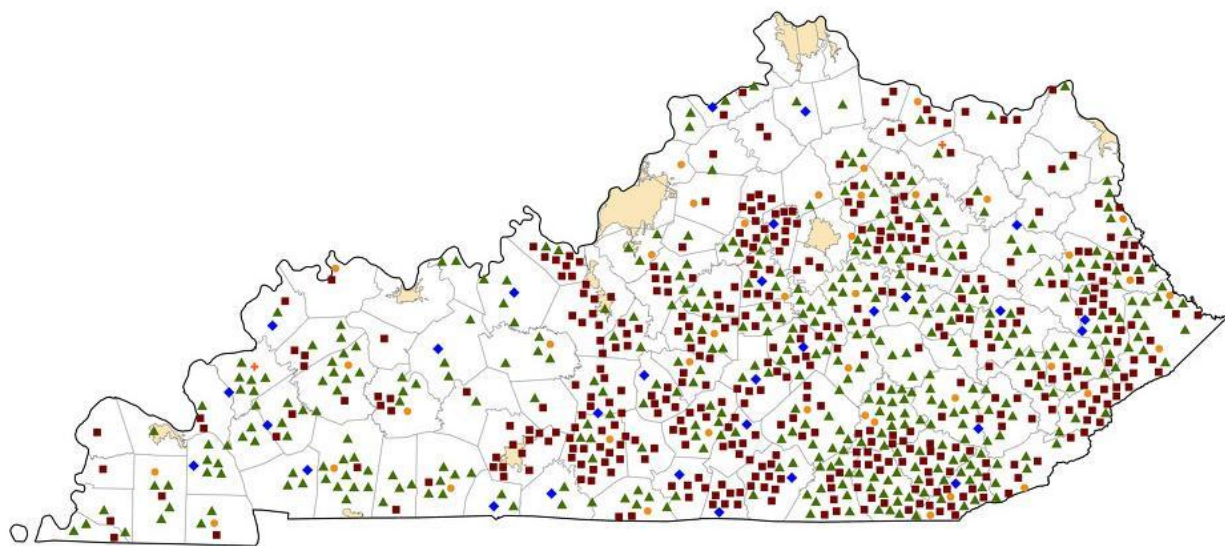
<sup>g</sup> [Rural Health Information Hub –Health Professional Shortage Areas: Kentucky Mental Health \(2025\)](#)

<sup>h</sup> [Rural Health Information Hub – Kentucky Health Professional Shortage Areas: Dental Care \(2025\)](#)

## Appendix H. Kentucky Ambulance Deserts (2023)<sup>i</sup>



## Appendix I. Kentucky Rural Healthcare Facilities (2025)<sup>j</sup>



◆ Critical Access Hospitals (29)	✚ Rural Emergency Hospitals (2)	○ Short Term/PPS Hospitals in Rural Areas (41)
■ Federally Qualified Health Center Sites in Rural Areas (414)	▲ Rural Health Clinics (420)	■ Non-Rural Areas (U.S Census Bureau Urban Areas with a population of 50,000 or more)

<sup>i</sup> [Maine Rural Health Research Center - Ambulance Deserts: Geographic Disparities in Ambulance Services](#)

<sup>j</sup> [Rural Health Information Hub – Kentucky Rural Healthcare Facilities](#)



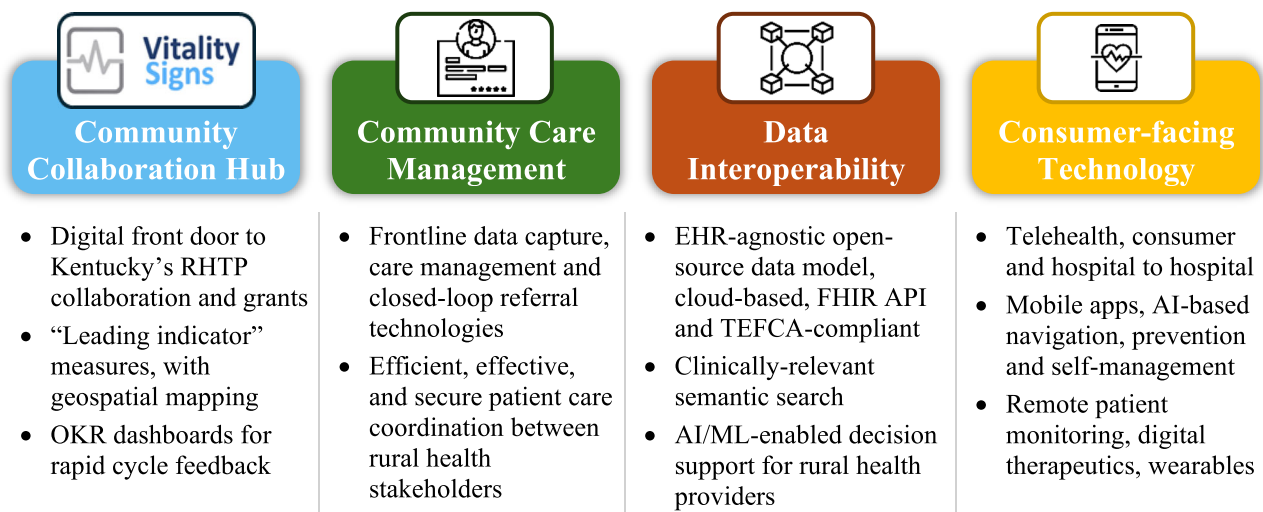
## Appendix J. Kentucky's Collective Action Framework

### Kentucky's Collective Action Framework (CAF)







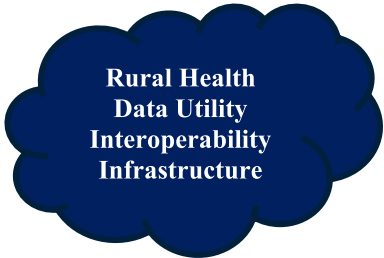
*A framework that provides a common language, structure, and shared path forward to drive sustained, coordinated change across Kentucky's health ecosystem*



### Kentucky's Approach to RHT "Digital Strategy"



## Appendix K. Data Interoperability Infrastructure

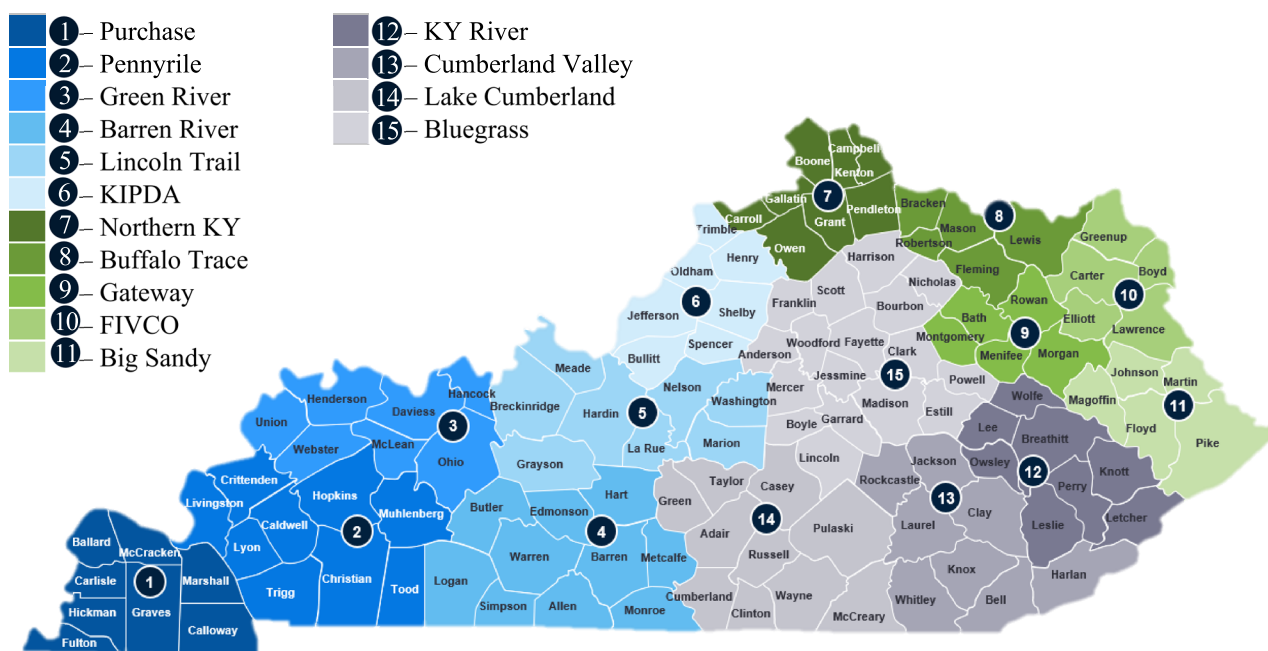
Aspiration: Establish a robust, interoperable data platform as the “central nervous system” of Kentucky’s rural health and wellbeing		
Inputs	Core Features	Outputs
<ul style="list-style-type: none"> <li>Data from hospitals, clinics, community organizations, and public health agencies</li> </ul>  <b>Clinical, pharmacy, dental</b>  <b>Claims/administrative</b>  <b>Social services programs</b>  <b>Public health</b>  <b>Patient-generated, monitor</b>  <b>Quality, outcomes, impact</b>	 Independent governance framework TECCA, HIPAA compliance EHR-agnostic data model, provider directory and patient matching HL7 FHIR API-based ecosystem Clinically-relevant semantic search	<ul style="list-style-type: none"> <li>Real-time data exchange and interoperability</li> <li>“Leading indicator” measures of health outcomes</li> <li>AI-enabled data foundation and clinical decision support, patient empowerment, nudges</li> <li>Dashboard, geospatial, and workflow enablement</li> <li>Population health outcomes and predictive analytics</li> <li>Enablement of alternative payment models</li> <li>Chronic disease registries</li> <li>Virtual care enablement</li> <li>Cross-system interoperability</li> </ul>

## Appendix L. Kentucky State Policies

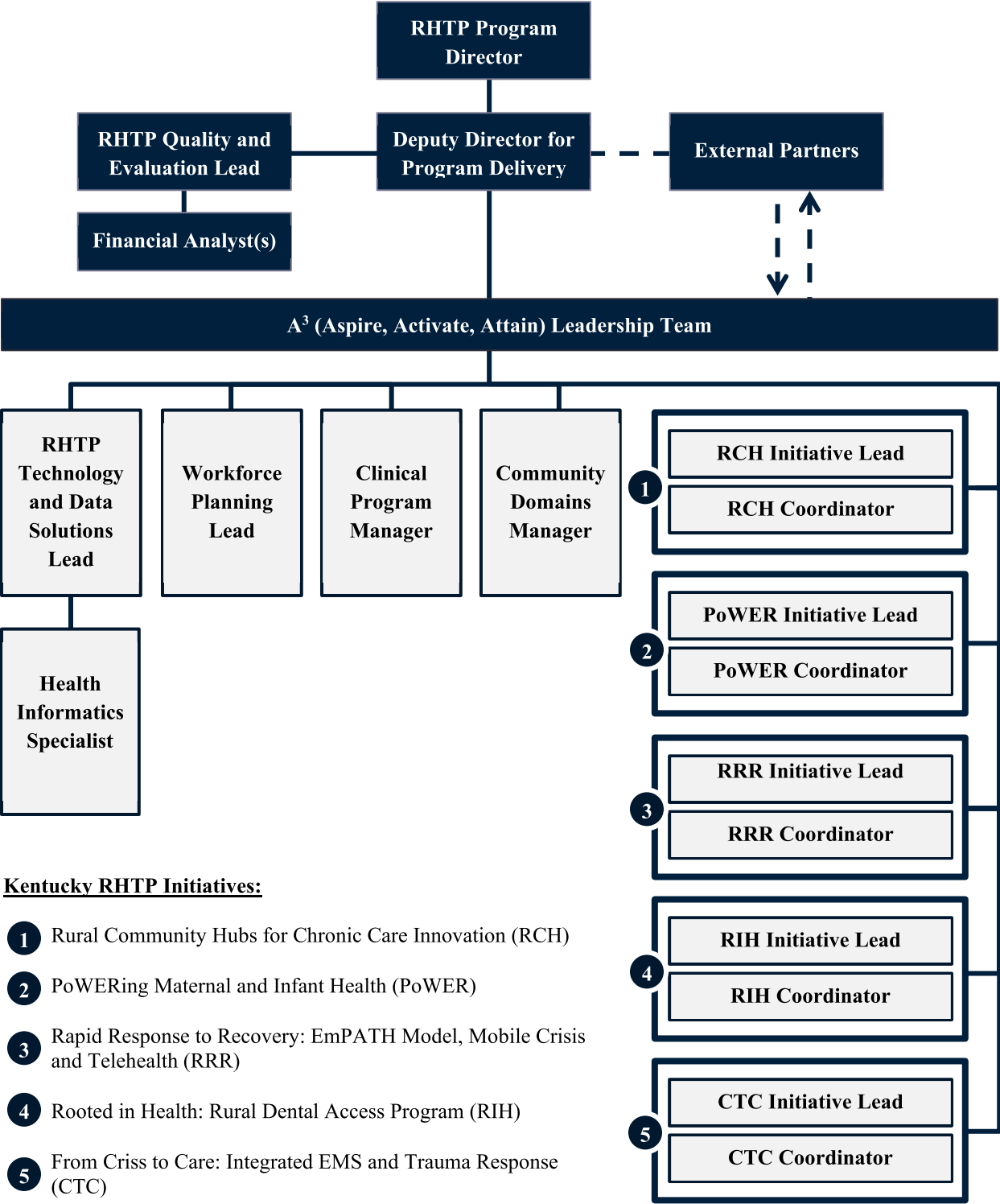
State Policy Action	Kentucky’s Current Policy
<b>B.2. Health &amp; lifestyle</b>	Kentucky does not currently require schools to reestablish the Presidential Fitness Test
<b>B.3. SNAP waivers</b>	Kentucky does not currently have a USDA SNAP Food Restriction Waiver approved or bill pending to submit such a waiver
<b>B.4. Nutrition CME</b>	Kentucky does not currently require a nutrition component for CME
<b>C.3. Certificate of Need</b>	Kentucky does not currently have plans to amend its certificate of need laws
<b>D.2. Licensure compacts</b>	<ul style="list-style-type: none"> <li><u>Physicians</u>: Kentucky is a member state <a href="#">of Interstate Medical Licensure Compact</a> and serving as State Principal of License (SPL)</li> <li><u>Nurses</u>: Kentucky is a <a href="#">Nursing Licensure Compact state</a></li> <li><u>EMS</u>: Kentucky is not an <a href="#">EMS Compact Member States</a></li> <li><u>Psychology</u>: Kentucky is a <a href="#">PSYPACT</a> participating state</li> <li><u>Physician Assistants</u>: Kentucky is not a member of <a href="#">PA Licensure Compact</a></li> </ul>
<b>D.3. Scope of practice</b>	<ul style="list-style-type: none"> <li><u>Physician Assistants</u>: Kentucky has “<a href="#">reduced</a>” scope of practice</li> <li><u>Nurse Practitioners</u>: Kentucky has “<a href="#">reduced practice</a>” regulatory structure.</li> <li><u>Pharmacists</u>: Kentucky has a score of “3” from Cicero Institute for <a href="#">states with restricted authority</a></li> <li><u>Dental Hygienists</u>: Kentucky allows <a href="#">3/8 tasks allowable</a> for dental hygienists</li> </ul>

State Policy Action	Kentucky's Current Policy
<b>E.3. Short-term, limited-duration insurance (STLDI)</b>	<ul style="list-style-type: none"> <li>• Kentucky's latest guidance for STLDI: <a href="#">Kentucky Department of Insurance Bulletin 2018-02</a> and <a href="#">Kentucky Department of Insurance Individual Short Term Limited Duration Plan Checklist</a></li> <li>• Maximum allowable initial contract term for STLDI: Less than 12 months</li> <li>• Maximum allowable total coverage period for STLDI: 36 months</li> </ul>
<b>F.1. Remote care services</b>	<ul style="list-style-type: none"> <li>• Kentucky provides Medicaid reimbursement for live video, store and forward, and remote patient monitoring</li> <li>• Kentucky <a href="#">does have an exception</a> for providers under a state recognized compact; classified as having "<a href="#">limited licensing exceptions</a>"</li> <li>• Kentucky does not have telehealth licensure/registration process, defined by CCHP</li> </ul>

## Appendix M. Kentucky Area Development Districts (ADDs)



Appendix N. A<sup>3</sup> Leadership Team Organizational Chart



Kentucky RHTP Initiatives:

- 1** Rural Community Hubs for Chronic Care Innovation (RCH)
- 2** PoWERing Maternal and Infant Health (PoWER)
- 3** Rapid Response to Recovery: EmPATH Model, Mobile Crisis and Telehealth (RRR)
- 4** Rooted in Health: Rural Dental Access Program (RIH)
- 5** From Criss to Care: Integrated EMS and Trauma Response (CTC)